

Team Development Workshops (Team WS) - Overview

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The Art of Team Development



"None of us is as smart as all of us." - Ken Blanchard

"Coming together is a beginning. Keeping together is progress. Working together is success." - Henry Ford

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Introduction – Annette Freund



Please find more information
on our website

www.inspiredmove.ch

*“My personality is a **“Bridge-Builder”** as I mediate and connect between different ways of thinking.”*

- **3-fold background:** Pharmacist, MBA, Systemic Business Coach
- Over **20 years** experience in the **Health Care Sector**
- Over **15 years** in **Marketing** and **Competitive Intelligence** in the Pharma/Biotech Industry
- In addition: **10 years** of **coaching** expertise

From Inspiration to Implementation!

- **Inspiration:**
 1. To work in addition to the logical-analytical solutions with creative-intuitive solutions
 2. Light up the inner fire
- **Implementation:** Put your insights into practice!

The New Era of Collaboration!

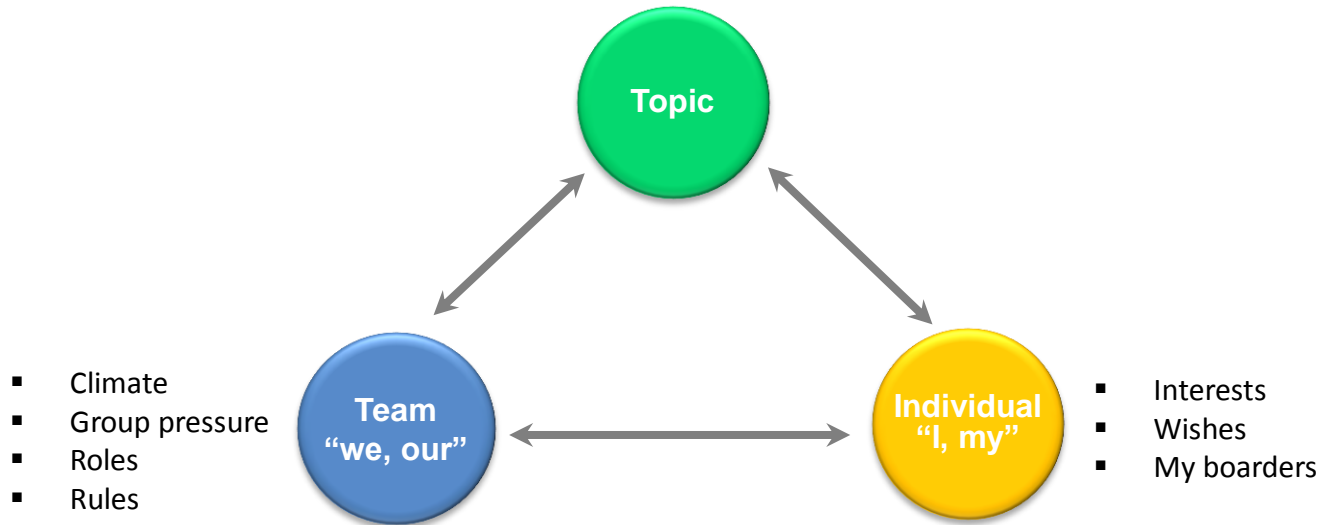


With new conditions, teams **MUST seek and apply new ways**

- of working together (cross-functionally and –organizationally)!
- of broadening the solution space!
- of synthesizing information to wisdom and action!

Team Work Model: The team is more than the sum of its parts

- My objective
- Our objective
- Objective of the project



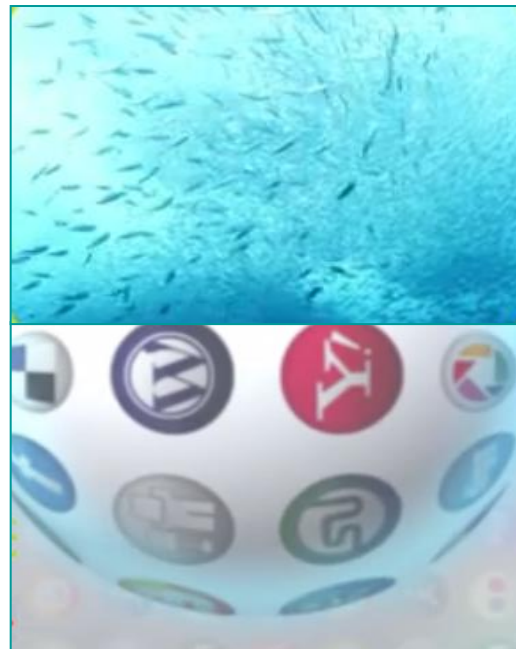
- A well functioning group has a **dynamic balance** of all three aspects.
- **If one of the aspects is disrespected, then the group separates!**
- The time you don't invest at the beginning in the team, you will invest later in solving issues.

WeQ - The Art of Collaboration

- Describes our We-qualities compared to IQ (intelligence quotient), Peter Spiegel
- Looking at our current challenges as individuals, organizations and humanity we see quickly that we need a new understanding of connectivity
- Examples in nature (e.g. ant colonies, mycelium) raise the question if it is an interconnection between separate beings or is it one being
- Internet and economic globalization have anticipated what we now need to follow with our consciousness

Advantages

- You bring more on the road
- You can manage bigger projects
- You are a role model
- You make a difference!
- Good things come back to you!



WeQ Qualities

- Swarm - Intelligence
- Sharing
- Brain storming
- Cooperation
- Networking
- Sustainability
- Free information flow

How to become not only a Performing Team, but even a Reforming Team?

INNERMETRIX

Team Dynamic &
Communication

- ✓ How is our team constellation?
- ✓ Personality types: DISC and motivations
- ✓ Optimize the team's internal and external communication
- ✓ Additional Individual Coaching possible

Values

- ✓ Why are values so important?
- ✓ What do the company values mean for us?
- ✓ How do we make them alive? Behaviors!

RACI & Positioning

- ✓ How do we want to work together?
- ✓ Who decides what, gives advise, needs to be informed?
- ✓ Positioning of the team within the company and clear communication

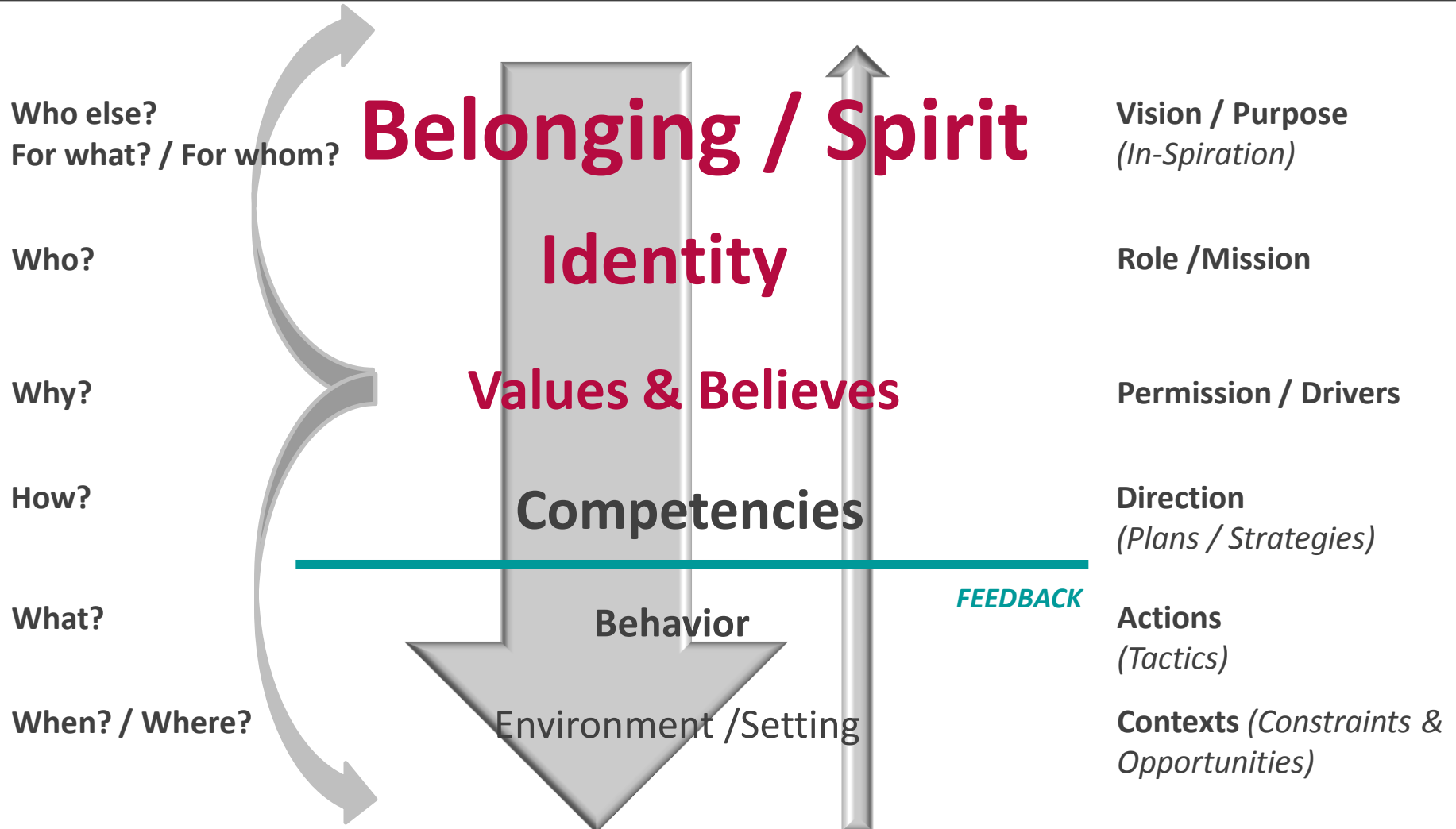
Project Management

- ✓ Implementation exercise
- ✓ Key learnings & Next steps
- ✓ Additional modules on Project Management

How? – Magic Team Tools

- Each client situation is **unique** and therefor modules and exercises of the workshop need to be **custom tailored** in order to get the most out of it for your team.
- The **INNERMETRIX Personality Assessments** are the cornerstone of a good analysis of the team dynamic and communication.
- Interactive exercises enable the participants **to put theory into practice**.
- Identify and prioritize **insights, key learnings and next steps**. Then translate the strategies into **actionable tactical items/ to dos**.

Manage the Path between Vision and Action



(source: Robert Dilts - Neuro-Logical Levels Alignment)

Team Development Workshops with Us – Key take-aways

In the new era of collaboration leveraging Team Development Workshops is critical for a **higher level of understanding and communicating with others:**

- Become not only a **performing team**, but even a **reforming team**.
- The **reforming team** gets to higher solutions: **The total is greater than the sum of their parts.**
- **WeQ** is another quantum leap in **the evolvment of human capabilities** and **next levels of innovation**
- **Looking at our current challenges** as individuals, organizations and humanity we see quickly that we need a **new understanding of connectivity**

FREUND INSPIRED MOVE guides you to maximize your team collaboration and to develop a clear action plan:

- **Tailored workshop design and facilitation for your team**
- **Assessment of team dynamics, personality types and motivations**
- **National and international**
- **Topics:** team building, communication internally and externally, values and behavior, RACI, positioning of the team, elevator pitch, project management etc.
- In addition **Individual Coachings** can be booked as needed

From Individuals to Cooperation and Outcomes!

Our Offer: From Inspiration to Implementation!



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Have you ever asked yourself:

How can we come to new solutions?

How can we really put them into practice?

From Inspiration to Implementation!

FREUND INSPIRED MOVE guides you through the process. For example:

- **Consulting:** Marketing and Competitive Intelligence – Strategy, Process and Workshop Design
- **Training:** Team-Development, Inspirational Leadership and Competitive Intelligence
- **Business Coaching:** Career Decisions, Inspirational Leadership and Health-Vitality

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